

# **CONNECTICUT VALLEY HOSPITAL PHYSICAL THERAPY SERVICES**

## **EQUIPMENT MAINTENANCE AND CLEANING PROCEDURE**

### **Weight Bench – Cleaning and Disinfecting**

The following DISENFECTION procedure is completed following each patient treatment:

Requisites:

- a. Protective gloves.
- b. Cloth or paper towel.
- c. Hospital approved disinfectant, diluted to recommended strength in a spray bottle.

Procedure:

- a. Spray and wipe the hand grips seat and tray with hospital approved spray disinfectant.
- b. Air dry.

The following CLEANING procedure is completed once a week:

Requisites:

- a. Protective gloves.
- b. Cloth towel.
- c. Hospital approved disinfectant, diluted to recommended strength in a basin or pail.

Procedure:

- a. Wipe off the entire surface of the weight bench with hospital approved disinfectant.
- b. Air dry.